

## Jo Anne Bishop, Ph.D., MPA, Certified Professional Coach



Dr. Jo Anne Bishop is considered one of the world's leading experts on Mindfulness in business, corporate and personal life. She has over 20 years experience motivating individuals, groups and audiences to realize their human potential.

Bishop was one of the experts featured in the The Mindfulness Movie and was also one of the consultants and contributors to the film. ([www.mindfulnessmovie.com](http://www.mindfulnessmovie.com))

She is the coauthor of three bestselling books and numerous articles on EQ, success strategies mindfulness, marketing, communication skills spirituality and intuitive development.

Success Strategies: High Achievers Guide to Success, with Brian Tracy and Ken Blanchard and Warren Bennis.

Success is s State of Mind, with Deepak Chopra, Les Brown and Mark Victor Hansen.

Roadmap to Success, with Steven Covey and Ken Blanchard.

Her healing CD, Reflection Pools: Volume I is available on CD Baby.

A new book: Fearless Heart – Peaceful Soul : Gateway to Mindfulness will be released In July 2014.

After completing a highly successful psychotherapy and corporate conflict meditation practice, Bishop became the founder and CEO of Crossing Bridges Company. A gifted speaker, presenter, coach and moderator, her coaching and dynamic approach with experientially based development pro grams propels clients to the leading edge in a competitive marketplace. Currently, she has a successful coaching practice as well as invitations as a keynote speaker and leader at national conferences, breakout seminars and workshops.

As a Certified Professional Coach, licensed psychotherapist and certified hypnotherapist, she has a national and international client base. A top performer and leader in her field, she brings expertise to human development, communication, organizational psychology, training development, mindfulness and intuitive development. Her education includes graduate degrees in Counseling Psychology and Public Policy with credentials in education K-12 and the community college level. Along with her academic background, she uses her intuitive talents as a consultant.

Her professional memberships include: American Association of Psychotherapy and Medical Hypnosis, California Association of Family Therapists, GROW Institute, International Coach Federation, International Hypnosis Research Institute, Hawaii Speakers Network, International Speakers Network, National Board of Certified Clinical Hypnotherapists. National Association of Professional Women, International Women's Leadership Association and American Association of Training Development.

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